

## SUPPLEMENT FACTS

Serving Size: 11 g Servings per Container: 25

	Amount Per Serving	% Daily Value**	Amount Per Serving	% Daily Value**
<b>Calories</b>	20		Vitamin B12 (as Methylcobalamin)	200 mcg 3333%
Calories from Fat	0		Calcium (as Citrate and Lactate)	150 mg 15%
<b>Total Fat</b>	0 g	0 %	Magnesium (as Oxide and Citrate)	125 mg 31%
Saturated Fat	0 g	0 %	Sodium (as Himalayan Salt)	200 mg 8%
Trans Fat	0 g		Potassium (as Phosphate and Citrate)	60 mg 2%
<b>Cholesterol</b>	0 mg	0 %	<b>Proprietary Amino Blend</b>	1,800 mg **
<b>Total Carbohydrate</b>	5 g	2 %	Arginine (as L-Arginine, L-Arginine AKG, L-Arginine HCl), Beta-Alanine, L-Glutamine, L-Tyrosine.	
Dietary Fiber	0 g		<b>Proprietary Energy Activating Blend</b>	455 mg **
Sugar	4 g		Caffeine (as Caffeine Anhydrous, Guarana Extract, Yerba Mate Extract, Green Tea Extract), L-Citrulline Malate, Papaya Extract, Bromelain, Rhodiola Extract, D-Ribose, Quercetin, Phosphatidylserine.	
<b>Protein</b>	0 g	0 %		
Vitamin C (as Ascorbic Acid)	100 mg	167 %		
Niacin (as Niacinamide)	40 mg	200 %		
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	500 %		
Folic Acid	200 mcg	50 %		

Percent Daily Values are based on a 2,000-calorie diet.

\*\* % Daily Value (DV) not established.

**OTHER INGREDIENTS:** Dextrose, Natural Flavors, Citric Acid, Malic Acid, Stevia Extract, and Silicon Dioxide.

**ALLERGEN INFORMATION:** Made in a facility that processes milk, eggs, fish, crustacean shellfish, tree nuts, wheat, peanuts, and soy.

EXTREME NUTRITION SUPPORT FOR MEN AND WOMEN

# E & E

## ENERGY AND ENDURANCE™



**LEMON-LIME**

**PREWORKOUT FORMULA**

30-DAY SUPPLY NET WT 9.7 OZ (275 G) DIETARY SUPPLEMENT

 BEACHBODY®

## FUEL UP FOR FASTER RESULTS!

E&E Energy and Endurance™ is a powerful formula that can help you dramatically improve your energy, endurance, and focus—so you can get the most out of your workout!

- **Helps you burn more calories and fat to get ripped faster.\***
- **Helps you maximize muscle performance to build muscle faster.\***

**WHY IT WORKS:** Scientifically formulated with a blend of advanced nitric oxide boosters, essential B vitamins, electrolytes, and natural energizers; its whole-food base makes it easier for your body to absorb.

- No artificial flavorings, sweeteners, or preservatives

**DIRECTIONS:** For Intense Workouts: Add 2 scoops to 4 to 8 ounces cold water. For Moderate Workouts: Add 1 scoop to 2 to 4 ounces cold water. Take 15 to 30 minutes before your workout. **USE ON TRAINING DAYS ONLY.**

**WARNING:** If sensitive to caffeine or other stimulants, start with 1 scoop. Do not exceed 4 scoops at any given time. To avoid sleeplessness, do not take within 4 hours of bedtime. Consult with a healthcare professional prior to using if pregnant, breast feeding, or if you have other medical conditions. Keep out of reach of children.

**STORAGE:** Keep tightly closed in a cool, dry place.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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